



If you have a friend who is an abuser and you feel safe talking to them about it, here are some tips to keep in mind:

- **Express your concern:** Clarify that despite being a friend, you do not approve of abusive behavior and find it unacceptable.
- **Reject excuses:** Do not tolerate or accept any excuses for the abusive actions. Clearly state that abuse is never acceptable.
- **Recommend counseling:** Encourage your friend to seek the support of a trustworthy counselor and offer to accompany them to the initial meeting.
- **Acknowledge positive behavior:** When witnessing respectful behavior towards their partner, acknowledge and praise it, reinforcing positive actions.
- **Avoid mediation role:** Refrain from acting as a mediator to reconcile the couple. Maintain a supportive stance without getting involved in resolving their conflicts.
- **Promote accountability:** Emphasize the importance of taking responsibility for one's actions. Encourage your friend to acknowledge the harm caused and work towards positive change.
- **Offer ongoing support:** Reiterate your commitment to being there for them, but emphasize that your support is contingent on them seeking help and making positive changes in their behavior.